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**Migrant Seasonal Head Start  
Policy Council Special Meeting  
Via Telephone Call  
January 07, 2010**

9 **1. WELCOME**

10 Maria Rios, Policy Council President, welcomed everyone and called the meeting to order.

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12 **2. ROLL CALL/INTRODUCTION/SIGN IN**

13 Maria Rios proceeded with the roll call and established quorum.

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15 **MEMBERS PRESENT ON THE TELEPHONE**

16 Maria Rios, President-Wintergarden Region  
17 Karla Valdez, Treasurer-Rio Grande Valley Region  
18 Veronica Solis, Sergeant at Arms-Wintergarden Region  
19 Leeann Benavides, Member at Large-Wintergarden Region  
20 Odalis Zuniga, Member at Large-Rio Grande Valley Region  
21 Guadalupe Perez, Member at Large-Rio Grande Valley Region  
22 Elizabeth Ibarra, Member at Large-Rio Grande Valley Region  
23 Maria Barrientez, Member at Large-Western Region  
24 Luis Degollado, Member at Large-UMOS  
25 Anita Cuevas Lomas, Community Representative-Wintergarden Region  
26 Edward Cortez, Community Representative-Western Region  
27 Diana Palacios, Board Liaison

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29 **MEMBERS ABSENT**

30 Barbarita Ramon, Member at Large-Wintergarden Region  
31 Nydia Palomo, Member at Large-Wintergarden Region  
32 Patricia Carreon, Member at Large-Rio Grande Valley Region  
33 Edward Villarreal, Member at Large-Rio Grande Valley Region  
34 Blanca Soriano Ramirez, Member at Large-Indiana Region  
35 Ismael Perez, Member at Large-Ohio Region  
36 Marta Soto, Member at Large-Ohio Region  
37 Richard Langford, Community Representative-Ohio Region

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39 **GUESTS**

40 Maria Ramirez, Seasonal Parent Representative from the Western Region

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42 **STAFF**

43 Manuel E. DuQué, Chief Operations Officer  
44 Nestor Atkinson, Migrant Seasonal Head Start Director  
45 Cesar Sotelo, Budget Director  
46 Sonia Cotto-Moreno, CCFP Director  
47 Alicia Yanez, Family Partnership Director  
48 Edna Valdez, MSHS Secretary for Policy Council

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50 Having twelve (12) members present established a quorum.

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**3. REVIEW AND APPROVAL OF AGENDA**

The Council reviewed the agenda and discussed changes. Eddie Cortez Community Representative from the Western Region made a motion to add the 2009-10 UMOS Budget Modification on the agenda for approval. Leeann Benavides from the Wintergarden Region seconded. Motion carried unanimously.

**4. APPROVAL ITEMS**

**Community Based Obesity Prevention Strategies to Encourage Physical Activity and Limit Sedentary Activity among Children Proposal**

This information was presented mailed out in advance for review. Sonia Cotto-Moreno, CCFP Director, gave an explanation of this proposal and addressed questions from the Council. This proposal will be utilized to implement physical activity resource known as "I Am Moving, I Am Learning (IMIL)" Choosy Kit to increase the amount of time children are physically active. This resource has distinct modules on brain and motor skill development emphasizing the mind-body connection. This concept will integrate quality physical movement and promote healthy nutrition choices.

Discussion went on regarding the training and implementation for staff.

Eddie Cortez made a motion to approve the Community Based Obesity Prevention Strategies to Encourage Physical Activity and Limit Sedentary Activity among Children proposal as it was presented. Leeann Benavides seconded. Motion carried unanimously.

**2009-10 UMOS Budget Modification**

Nestor Atkinson, MSHS Director, gave an explanation for the budget modification. These funds will be used to purchase two buses to replace two buses that are over ten years old.

Leeann Benavides made a motion to approve the 2009-10 Budget Modification as presented. Maria Barrientez seconded. Motion carried unanimously.

**5. OPEN FORUM**

Manuel E. DuQue, Chief Operations Officer, introduced the Human Resource policies that will be presented for approval at the next Policy Council meeting. The policies will be sent to the Council in advance to review. He proceeded with the reading of the following policies: Employee Definition Policy, Dress Code Policy, Standards of Conduct, and the Compensation Policy.

**6. ADJOURN**

Eddie Cortez made a motion to adjourn the meeting. Karla Valdez seconded. Motion carried unanimously. The meeting adjourned at 11:40 A.M.

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**Migrant Seasonal Head Start  
Policy Council Special Meeting**

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**SUMMARY OF DECISIONS MADE BY POLICY COUNCIL  
JANUARY 7, 2010**

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**1. Community Based Obesity Prevention Strategies to  
Encourage Physical Activity and Limit Sedentary Activity  
among Children Proposal**

**APPROVED**

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**2. 2009-10 UMOS Budget Modification**

**APPROVED**

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**APPROVED BY**

Christina P. J.  
**NAME/TITLE**

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**APPROVED ON**

2/24/10  
**DATE**