



Newsletter / Carta Noticiera

Flu Vaccine update Parent Elections

Vacuna para el gripe Elecciones de Padres

Flu vaccines (regular flu) are now available in town. The price varies but "Our Health on Evans St has it free of charge for children 6 months to 18 years of age. It is \$20 for adults without Medicaid or medicare. The H1N1 vaccine will be available in Mid October and you need to wait 30 days after any other vaccination

La vacuna para la gripa ya esta en Uvalde. El precio esta diferente en cada lugar pero en la clinica por la calle Evans esta gratis para niños de 6 meses hasta 18 años y para adultos esta a \$20 si no tienen medicaid o medicare. La vacuna H1N1 viene en los mediados de Octubre y necesita esperar 30 dias despues de cualcoier vacuna.

I would like to thank everyone who attended our first parent meeting/training. We had a entertaining time with Ms Garcia. Please come to the next meeting where we will be electing officers (10-7-09) Not to panic, we will guide you all the way.

Gracias a todos que atendieron la junta y entrenamiento el mes pasado tuvimos un buen tiempo con la Sra, Garcia. Favor de venire a la proxima junta 10-7-09 cuando vamos a elegir la mesa directive para el centro. No hay que asustarnos ya que vamos a guiarlos a todo.



Watermelon Slush is great during the hot months. Put in the blender then freeze til it firms up.

PCC Meeting
10-7-09

Domestic Violence

Violencia Domestica

Child Development

Desarrollo de Niños

Parent Elections

Elecciones de Padres

Inside this issue:

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VACUNAS DE LA GRIPA

PARENT ELECTIONS
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LIST OF RECALLED ITEMS

PRODUCTOS PELIGROSOS QUE SE HAN RETRADO DE VENTA

Something new at Center to benefit everyone

Algo Nuevo en el Centro que es de beneficio para todos

DHS is now having us check the web in order to see if any products have been recalled due to dangers to children. We will be checking once or twice a week and making copies. We will then check to ensure that we do not have those items at the center. All copies will be placed in a binder

And that binder will go up on the parents' board where the parents can check and ensure that they don't have those items at home. Next time you come to the center ASK US ABOUT IT.

El departamento de familias nos tienen checando el web. Para productos que son dis-

continados y peligrosos para niño. Nosotros vemos 2 beses por semana y aseguramos que no lo temenos en el centro y luego los ponemos en la tabla de buletines para padres para que ustedes los veyan que tampoco los tengan en casa. Al otra que venga PREGUNTENOS.

October Happenings

- ♦ NO CLASSES OCT 9 and Oct 30th
- ♦ No va haber clases oct 9 y Oct 30 2009
- ♦ DRESS UP PARADE ON 10-29-09
- ♦ DESFILE DE DISFRAS EL 29 DE OCTUBRE

October 2009 TMC - Uvalde, Tx.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Teacher training @CCRO for Sonia Elsa & Lorinda	2	3
4	5 YOU ARE INVITED TO VOLUNTEER AT SCHOOL WITH YOUR CHILD Come to read and play	6 Esta invitado a venir al centro a ser voluntario	7 PCC mtg Training: Domestic Violence Child Dvel. Language & brain develop. PARENT ELECTIONS	8 PARENT /CHILD PHYSICAL ACTIVITY DAY Training: Food guide pyramid Food Safety Cooking lowfat meals Menu planning Planning lowcost meals <i>Reschedule for Oct 23rd.</i>	9 STAFF PLANNING DAY	10
11	12	13 Field trip	14	15 Field Trip	16	17
18	19	20	21 Parent Training Stress Managmt Male Involvmnt Parent/child Act	22	23 Parent/child Physical Act Day <i>Parent/child Physical Act Day</i>	24
25	26	27	28	29 B-Day Club & Dressup PARADE ST JUDE TRIK-	30 Staff Planning Day CPR	31 H A